

# Facial treatments

## Cosmetics GERMAINE DE CAPUCCINI

### Face and décolleté massage (30 min) – 40 EUR

Soft and relaxing massage stimulates blood circulation, bringing more oxygen to the face and décolleté areas. The treatment includes gentle face cleansing and massage with special massage cream.

### Express facial treatment (40 min) – 50 EUR

Recommended for normal, combined, dry and very dry skin that require an extra hydration supply. The treatment includes face cleansing, peeling, mask and hydra-gel.

### Face care for dehydrated skin (60 min) – 65 EUR

Recommended for normal, combined, dry and very dry skin that require an extra hydration supply. The treatment includes face and décolleté cleansing, peeling, face massage, serum, moisturizing mask and hydra-gel.

### Facial cleansing with ultrasound (60 min) – 70 EUR

The treatment deeply cleans and narrows the pores, smooth out the mimic wrinkles, nourishes and moistures the skin. The skin cleaning is made with the ultrasonic facial scrubber. The treatment includes face peeling, mask before and after ultrasound, face cream application.

### Facial cleansing and cellular activity regulation (60 min) – 75 EUR

The treatment for normal or combined skin, it will become smoother, more supple and radiant, for oily skin it will make it pure and matt.

The treatment includes face and décolleté cleansing, different masks, emulsion, special concentrate. Prevents the first wrinkles.

### Active long-lasting moisturizing treatment with hyaluronic acid (60 min) – 75 EUR

Hydractive Formula with a 100% moisturizing effect and hyaluronic acid as the main component provide instant and long-lasting moisturizing from the outer into inner skin layer. Improves skin elasticity and firmness. The treatment includes face and décolleté cleansing, masks, serum, emulsion, cream. Protects against climatic excesses. Prevents premature ageing.





### **Anti-aging multi-correction with vitamin C+ facial treatment (70 min) – 75 EUR**

Based on the latest research in anti-ageing treatments Germaine de Capuccini takes another step and combines the powerful anti-oxidising action of Vitamin C+ with the “anti-glycation” technology. A magnificent provision of firmness and suppleness that improves the colour, luminosity and hydration of the skin. The treatment includes face and décolleté cleansing, peeling, mask, fluid, serum. Specifically as a “flash” treatment (1 session) or a deep revitalising treatment (4 sessions).

### **Anti-aging firming treatment with lifting effect (60 min) – 80 EUR**

A firming treatment with lifting effect that remodels volumes in a unique, personalised way, seeking the harmony of beauty. The treatment includes face and décolleté area cleansing, soft peeling, massage, mask, cream and serum application. Lifting effect action that redensifies and provides volume to facial areas that need it.

### **For men exclusive anti-aging facial treatment (60 min) – 75 EUR**

Men’s cosmetics line is used for the treatment, which is rich in active ingredients, birch sap, vitamins C & B - which moisturize, improve the skin tone and elasticity of the skin. The treatment includes face cleansing, exfoliating, serum, mask, fluid. Professional anti-ageing treatment that works against ageing skin.

## *Body massages*

### **Cosmetics NORDEN COSMETICS**

#### **Head massage (20 min) – 30 EUR**

Calming and relaxing massage, which reduces headache and insomnia, improves concentration, blood circulation – oxygen supply to brain cells.

#### **Feet massage – up to knee (30 min) – 30 EUR**

Massage helps to relax tired feet, reduces muscle pain, improves blood and lymph circulation.

#### **Back and neck massage (30 min) – 40 EUR**

This massage is great for tired and tense of neck and shoulder muscles. Massage reduces muscle pain, tones and improves the mood, as well as stimulates blood circulation and relieves tension.

## **Honey massage to reduce the weight (45 min) – 55 EUR**

Massage is applied on problematic zone. The treatment combines healing properties of the honey and special massage technique for body shape. During massage blood circulation significantly accelerates and activates the metabolic processes in cells. Massage helps to remove fatty deposits and reduces stretch marks, eliminates extra liquid and reduces swelling. For the results is recommended a course of 6-10 sessions.

## **Lymphatic drainage body massage (60 min) – 55 EUR**

During the massage is used the technique of lymphatic drainage, which is particularly effective for the removal of lymph stagnation. A special massage technique stimulates the lymph flow and helps to eliminate toxins, relieves swelling tissues. It improves blood circulation and metabolism, reduces the amount of body fat. For the results is recommended a course of 8-15 sessions.

## **Anti-stress body massage (60 min) – 50 EUR**

For massage is used lavender essential oil. Massage is based on soft and gentle massage techniques. This treatment helps to eliminate your stress and fatigue.

## **Chocolate body massage (60 min) – 55 EUR**

Massage is done with natural black chocolate. Cacao butter perfectly nourishes and moisturizes skin. Chocolate care relieves stress, improves the mood and stimulates endorphin synthesis.

## **Relaxing honey massage (60 min) – 55 EUR**

This rejuvenating massage is done with natural honey. Biologically active components of pure honey cleanse and nourish your skin, making it soft and healthy. Massage helps to improve blood circulation and removes excess of fluids and toxins.

## **Relaxing body massage with a warm oil candle (60 min) – 55 EUR**

This treatment combines relaxing massage and aromatherapy. Massage is done with a candle that upon burning and melting turns into massage elixir. During this treatment body gets more warmth and massage works more effective. This massage helps to loosen up tight muscles and reach total relaxation. This treatment is nourishing and emotionally liberating, taking perfect care of the skin's well-being and ensuring long-lasting comfort.

## **Aroma body massage (60 min) – 55 EUR; (90 min) – 75 EUR**

This massage balance your energy, helps to loosen up tight muscles and restore skin elasticity. Treatment is done with massage oil and essential oils up to specialist suggestion or your choice.





### **Classic body massage**

**(60 min) – 55 EUR;**

**(90 min) – 75 EUR**

During massage are used European techniques to relieve muscle tension and pain, stimulating blood circulation.

### **Hot stones body massage**

**(60 min) – 55 EUR;**

**(90 min) – 75 EUR**

During massage are used hot basalt stones, which helps to loosen up tight muscles and remove toxins. Massage improves blood circulation and delivers more oxygen to body cells. This massage is very powerful therapy that harmonizes energy and activates biochemical processes.

### **Sweet orange for couple (60 min + 2,5 h) – 145 EUR**

The special synchronous body massage for two persons with mix of massage and aromatics oils, 2,5 hours in SPA active zone; citrus water and tea.

## *Body treatments*

### **Cosmetics NORDEN COSMETICS**

#### **Back peeling and massage (40 min) – 50 EUR**

The treatment is particularly suitable for back care. Peeling cleans your skin, improves skin texture and stimulates blood circulation, as well as relaxes muscles. Sea salt activates metabolism and cells function.

#### **Full body peeling massage (30 min) – 45 EUR**

Peeling gently removes dead skin cells and impurities, improves blood circulation and normalizes the metabolism of skin cells. Peeling is done with sea salt mix with special massage techniques. It removes toxins and normalizes cells function. Your skin becomes more healthy, soothe and soft.

## **Nourishing treatment with honey (70 min) – 65 EUR**

The treatment is done with natural flower honey, which improves the texture and microcirculation of the skin, eliminates toxins, nourishes, tones up the body. First of all will be done whole body peeling with sea salt, than you will enjoy body wrap with honey and during this you will have a head massage.

## **Cranberry body peeling and wrap (80 min) – 65 EUR**

This regenerating and toning treatment with natural cranberry wrap is suitable for extra gentle cleansing, moisturizing and skin regeneration. Cranberry mask contains fruit acids, A, B, E & K vitamins and mineral complex. The treatment starts with full body peeling which is followed by cranberry wrap, during which our specialists will do for you head massage.

## **Natural chocolate body peeling and wrap (80 min) – 70 EUR**

Natural chocolate wrap reduces stress, nourishes and charges the body with energy. Treatment starts with full body chocolate peeling with subsequent chocolate wrap, which leaves your skin soft, smooth and velvet. During the wrap, we will perform head massage. The treatment is brilliant for relaxation and stress reduction.

## **Detoxifying body treatment with natural seaweed wrap (80 min) – 70 EUR**

The treatment includes natural seaweed mask for body for weight loss, which enriches the body with minerals and removes toxins. Also will be made body peeling with sea salt and precious oils. During the wrap you will enjoy head massage.

## **Moisturizing body peeling and wrap with lilac mask (80 min) – 65 EUR**

Treatment deeply moisturizes the skin, activates metabolism and improves the texture of the skin. Lilac scent calms and harmonizes. Treatment starts with lilac peeling, than is applied massage mask and during body wrap you will enjoy head massage.

## **Refreshing body treatment (75 min) – 65 EUR**

This treatment reduces muscle tension and pain and fills your body with energy. The treatment includes skin cleansing and nourishing, body peeling and toning massage with mix of essential oils.





## *SPA rituals*

### **Cosmetics NORDEN COSMETICS**

#### **Ritual “Eastern woman” (80 min) – 70 EUR**

The treatment with cinnamon improves blood circulation and increases skin elasticity. Cinnamon heats, fights cellulites and has an antibacterial action. The ritual starts with 5-12 min of sauna (of your choice: Finnish 85° - 90°C or Turkish 40°C). After that will be made body peeling with sea salt and cinnamon mix. Also during wrap you will have face massage.

#### **Ritual “Northern woman” (80 min) – 70 EUR**

Ritual cleanses, refreshes and heals the skin, saturates body with minerals and moisturizes it. Lavender's scent harmonizes and calms. The treatment starts with 5-12 min of sauna (of your choice: Finnish 85° - 90°C or Turkish 40°C). After that will be made body peeling with sea salt and lavender mix, your body will be applied with seaweed mask. Also during wrap you will have face massage.

#### **Ritual “Male energy” (80 min) – 70 EUR**

This treatment boosts your energy and improves the mood. Citrus aroma refreshes you. The treatment includes visit of the sauna 5-12 min (up to your choice – Finnish sauna 85° - 90°C or Turkish sauna 40°C) and full body peeling with sea salt and precious oils. Body mask is applied with soft massage movements, followed by body wrap while acupressure head massage is performed.

## *Hand and feet treatments*

#### **Manicure (without nail polish) – 20 EUR**

#### **Manicure for men – 25 EUR**

Manicure includes nail shaping and buffing, cuticle care and moisturizing cream application.

#### **SPA manicure (without nail polish) – 35 EUR**

This treatment includes warm hand soak, nail shaping and buffing, cuticle care, hand exfoliation and moisturizing mask application. There is relaxing hand massage in the end of the manicure. The skin of your hands would becomes soft and supple.



### **SPA manicure (without nail polish) with warm massage candle – 35 EUR**

The treatment includes a warm oil bath for hands, giving shape to nails, processing of cuticle, peeling and hand massage with a warm oil candle. As a result of careful and nutrient composition of candle - cocoa, shea butter, jojoba and beeswax, your hands will be soft and well-groomed.

### **Pedicure (without nail polish) – 35 EUR**

#### **Pedicure for men – 40 EUR**

Treatment starts with soak for feet, that softens your skin, prepares your nails and cuticle for the treatment. After nail shaping and buffing, cuticle care, nourishing cream is applied with massage moves. In result of the pedicure your nails and feet skin will have nice outlook.

### **SPA pedicure (without nail polish) – 50 EUR**

The treatment begins with an aromatic footbath to prepare nails and cuticles for shaping. Footbath is followed by removal of feet peeling, mask and relaxing feet massage. This treatment relaxes your feet, reduces feet fatigue and leaves you with the sense of lightness and freshness.

### **SPA pedicure (without nail polish) with a warm massage candle – 50 EUR**

The treatment includes a warm oil bath for feet, giving shape to nails, processing of cuticle, peeling and hand massage with a warm oil candle. As a result of careful and nutrient composition of candle - cocoa, shea butter, jojoba and beeswax, your hands will be soft and well-groomed.

### **Paraffin bath for hands or feet (20 min) – 15 EUR**

Paraffin treatment is excellent for dehydrated and cracked skin. This treatment perfectly complements manicure or pedicure.

### **Apparatus manicure or pedicure (depending on individual skin condition)**

Apparatus manicure is performed with the help of special equipment, using different grinding heads. The cuticle is not being damaged, dead cells are removed. The treatment is performed on dry skin. It is highly recommended for those, who has nail problems, dry hand or feet skin and cuticle.

## **NAIL POLISH APPLICATION**

**Nail polish – 10 EUR**

**“French” nail polish – 15 EUR**

**Gel polish remover – 5 EUR**

**Gel polish – 15 EUR**

**“French” gel polish – 20 EUR**





## *Additional services*

**Eyebrows correction – 15 EUR**

**Eyebrows colouring – 15 EUR**

**Eyelashes colouring – 15 EUR**

The recreation area invites to visit 8,5 m long swimming pool with waterjets, Turkish steam bath and Finish sauna, as well as a whirlpool bath. During the visit you can enjoy tea or lemon water.

The SPA recreation area is open 9:00 - 22:00 daily.

Children under 14 y.o. can enjoy SPA recreation area till 19.00 daily.

SPA treatment rooms accept guests 9:00 - 21:00 daily.

Please book your appointment in advance: tel. +371 67130680

or e-mail: [info.centrum@welltonspa.com](mailto:info.centrum@welltonspa.com)

**The admission fee for SPA recreation area (2.5 h / per person):**

Regular price – 20 EUR

For Wellton Centrum Hotel & SPA guests – 10 EUR

Free admission for guests staying in Superior and Junior Suite rooms (up to 2 guests).

For other Wellton and Rixwell hotels guests – 15 EUR

For children under 7 y.o. – free admission, from 7 y.o. to 16 y.o. – 5 EUR.

For children safety, you will have the choice of rubber rings, arm wings or vest.

There are bathrobes for rent and rubber slippers for sale

**Wellton SPA Centrum Monthly Ticket:**

**working days only – 70 EUR**

**unlimited access – 85 EUR**